

What's happening in the Parish of Goring by Sea this week?

Full details of all services and parish events can be found in the current monthly edition of Newsletter **Extra**. The 10.00am service is usually streamed on the 1st and 3rd Sunday via our Facebook page.

Sunday 22nd January St Mary's	Sunday 22nd January St Mary's	Tuesday 24 th January St Mary's	Thurs 26 th January St Laurence's
8.00 a.m. Said Eucharist (BCP)	10.00 a.m. Sung Eucharist (CW) with Baptism	10.00 a.m. Said Eucharist (BCP)	10.00 a.m. Said Eucharist (CW)
<p>Evensong This Sunday 22nd January in St Mary's Church at 6.00pm</p>			

Up and Coming Events



Home Groups – Its not too late to join a group

We are delighted with the response to the start of our new Home Groups. **If you haven't yet registered its not too late** just contact or speak to Janice Lelliott. Groups start next week. janlelliott@yahoo.co.uk Tel: 07564 344192.



Mission giving:

During the first quarter of 2023 we return to support Kreativity in Ukraine. We shall provide a full update in the February Newsletter Extra. In the meantime, please reserve the date - Saturday 25th February - when we shall be holding a Lent Lunch to raise funds for Kreativity's ongoing work.

Epiphany Flowers

Thank you for the donation of cash that enabled us to create the displays for Epiphany. The money had been given in remembrance of a family who had been of great importance to our donor.



St Mary's "Holy Dusters" are in need of some extra elbow grease, please. We know it's not the most glamorous of tasks, but we hope you agree how nice it is to welcome parishioners and visitors into a clean and shiny church. BUT, at the moment we really could use more volunteers as Keith (Lelliott) is sidelined because of illness, and it may come as a surprise to readers that the average age of the volunteers is about 79 years! Would you be able to join the team and maybe bring the average age down? You will be welcomed with open arms. We usually clean on 1st and 3rd Friday of each month. For more details, please contact Janice Lelliott (504384 or email janlelliott@yahoo.co.uk).

Traidcraft Stall will reopen on Sunday 22nd January, but with apologies to all customers waiting for particular biscuits – the folk at Headquarters have run out and I can't order any at the moment. I am keeping my eye on the situation and will order as soon as they reappear on the "virtual" shelves.

"Thank you" We would like to say a massive "Thank you" to all our Church family for the warm messages of support and prayer offered during Keith's recent hospitalisation. We are pleased to say he is now recuperating at home.

Keith and Janice Lelliott

Shrove Tuesday 21st February

A date for your diary

Shrove Tuesday evening, get ready for Lent by joining the Parish Pancake Evening in St. Mary's hall. More details to come.

LENT 2023

Diocesan Lent Course 'Who is this then?'

The Chichester Diocesan Lent Course 2023. Reflecting the Year of the Old Testament Bishop Martin explains that this year's Lent Course helps each of us to "pull the meaning of the Old Testament into your encounter with Jesus, sharpening your awareness of his death and resurrection at Easter, and its tremendous significance."

Reflecting on some of the key names in the Old Testament - *Eve, Melchizedek Joseph, Moses and the Queen of Sheba*, Bishop Martin has asked a group of leading scholars to reflect in each case on the connection between the Hebrew Scriptures and the New Testament.

For each individual or group using the Lent Course, each week there is a suggested bible reading, the reflection, some questions and a hymn to listen to or sing.

This course is now available to download on <https://www.chichester.anglican.org/lent/>

The home groups have decided that during Lent they will undertake the Diocesan Lent Course. There will be space in some of the groups for people who wish to undertake the Lent Course only. In addition we hope to offer at least one further opportunity to join a group to follow the Diocesan Lent Course.

Please let Janice Lelliott or Gill Keevill (07715120841) know if you would like to join a group for the Lent Course and are not already registered in a Home Group.

Live Lent Reflections – Dust and Glory

Please see the Church of England website for further resources for Lent 2023 on the theme of 'Dust and Glory - A lent Journey of faith, failure and forgiveness.

<https://www.churchofengland.org/our-faith/what-we-believe/lent-holy-week-and-easter/dust-and-glory-resources-lent-2023>

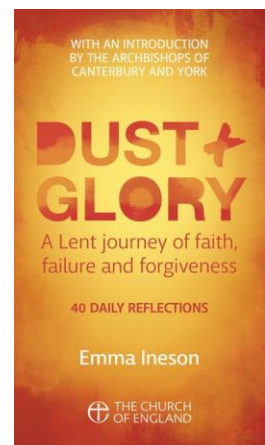
In particular you might find the Daily Reflections helpful. You can access them in a number of ways.

The book and booklets will be accompanied by daily **#DustAndGlory** social media posts from Ash Wednesday (22 February) to Easter Day (9 April), together with a wide range of free digital resources for individuals, groups and churches.

An update to the award-winning Church of England campaigns **app** for iOS and Android – including daily audio – will be available in mid-February. Anyone who has the Church of England's **#FollowTheStar** app installed will automatically get the Lent update.

The reflections will also be available via email and also via the Church of England's smart speaker apps – as well as on the free Daily Hope phone line (0800 804 8044).

The booklet form is available from Church House Publishing (01603 785925) but we will order a small number of these. **Please let Gill Keevill (07715120841) know if you would like one.**



Parish Information

Parish Office: Email: office@goringbyseaparish.org

Telephone: 01903 709163

Fr. Keith: frkeith33@gmail.com **Tel:** 01903 520717

Facebook: <https://www.facebook.com/StMaryAndStLaurenceGoringBySea>

Website: <https://goringbyseaparish.org>

The Parish Office is normally open from 10.00am-12.00noon each day.

There are days when we are unable to cover absence, if you wish to be sure your planned visit isn't wasted; **we advise that you ring first to check the office is open.**

St Mary's and St Laurence's Churches are Open for Prayer

Open Monday to Saturday (inclusive) 10.00am to 4.00pm and Sunday 12.00noon to 4.00pm.

Prayer Circles

There are people who will pray regularly about any concerns you, your family or friends may have, and will keep all requests confidential among themselves. To request such prayers please telephone either Sylvia on 01903 529743 or Julie 07940 588880.

Pastoral Visits.

Please let Fr. Keith or the Wardens know if you have a personal or pastoral concern or may know of someone in need.

If you have an item or notice for our weekly newsletter, please make sure it reaches the parish office, preferably by e-mail, on Wednesdays by 11.30am. Hard copy can be sent but should arrive by 10.00am on Wednesdays. If sending by email, please put 'Newsletter' in the subject box. Photographs are also welcome.

Donations You can donate direct to the Parish of Goring by Sea and our various fund-raising events by using this QR code.

